

## Get Me Started Now!

As a first time user it can hard to decide which essence you would prefer. This is why we have Mixed packs available on the Insignia Outlet website, so you can sample five of our illustrious scents before deciding on your favourite. Currently in the range we have:

- Tranquil— a sweet, deep-rosy intense aroma
- Indulge— a tropical floral, sweet citrus aroma
- Relax— a floral herbaceous and leafy aroma
- Refresh— a sharp and exhilarating peppermint aroma with a zesty lime finish
- Sport— an intensely fresh, grassy, herbaceous and citrus odour
- Citrus Lift— a beautiful blend of Lime and Grapefruit
- Calm— a glorious concoction of lavender, geranium, grapefruit and orange
- Breathe— a blend of eucalyptus, lavender and tea tree
- Wellness— a subtle blend of evening primrose oil, lavender, tea tree, eucalyptus, and lemon
- Detox— a blend of grapefruit, geranium, juniper berry, mandarin and sweet fennel

Buy now at:

[www.insigniaoutlet.co.uk](http://www.insigniaoutlet.co.uk)



Find your Favourite Essence

## Quality & Quality Assurance



### Quality

Essential oils vary considerably from region to region and we are constantly on the lookout for oils from both established and emerging origins that are of the best quality.

Our manufactures are members of the Aromatherapy Trade Council, Soil Association and are NOP (USDA) compliant. These trade organisations keep us up to date with changes in rules and regulations and ensures that we adhere to their codes of practice.

### Quality Assurance

All oils undergo a variety of tests from Gas Chromatography/ Mass Spectrometry (GC/MS) to the more standard testing of Optical Rotation, Refractive Index and Specific Gravity. BUT most importantly we do not get lost in the high tech side alone – AROMA is one of the most important tests; if it does not smell right, we do not buy it!



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User Manual  
**MEET AMI™**  
Aromatherapy Modular Injection



## Welcome to Insignia's New Innovation.....AMI

**AMI** is THE only concept on the market today to introduce a unique blend of natural oils directly into live steam and then captivated within an enclosed space. In order to achieve this safely, only specially blended products can be used. **NEVER** introduce anything other than Insignia approved products into AMI.

Steam injection fusion with oils carries a far higher output than simple diffusers, candles and other forms of transmission. Natural oils in their purest form can be dangerous to health if used incorrectly. Specially formulated carrier oils are also necessary. AMI's approved blends are considered safe for the skin, others are not. Remember the steam coming into your cabin will carry oils to cover your exposed skin, to moisturise and allow the essential oils to do their work! Never take a chance for the following reasons:

- 1) Incorrect carrier oil and/or essences can burn skin and/or cause breathing problems and more. This is a fact attached to nearly all pure essences available. The risk increases with chemically made fragrances marketed to imitate real extracts.
- 2) Will allow excessive greasing to the cabin.
- 3) Will cause the steam generator damage.
- 4) Can produce residuals that emit high distasteful odours.

**THERE ARE NO OTHER OILS AVAILABLE ON THE MARKET THAT ADHERE TO EU DIRECTIVES CONSIDERED SAFE FOR THIS TYPE OF USE AND APPROVED BY THE MAKERS INSIGNIA.**

Used correctly, aromatherapy oils are a wonderful way to unwind, can have excellent therapeutic benefits and give the best start to a day or a great finish to an evening! Please enjoy our product and rest assured Insignia **ONLY EVER** use 100% pure essences and extracts, top quality carrier oils and especially blended exclusively for Insignia.

**Always seek medical advice before use if any doubts persist or should you have a medical condition.**

## AMI Procedure - First time use

1 x 10ml Insignia essence provides approximately a 2 x 10 minute steam sessions.

- Gently pour 5ml of the 10ml essence (50%) in to the dispenser for 1 x 10 minute steam session.
- Wait approximately 30 seconds for the essence to reach the injector.
- Press and hold the chrome injection button for 5 seconds allowing the contents to fully empty into the steam generator
- Screw AMI's dispenser cap back into place
- Switch on steam generator. (NEVER turn on the steam generator with the dispenser cap removed)
- Position seat safely angled away from steam outlet/jets
- Enjoy a relaxing, therapeutic steam with AMI.



### Warning!

Risk of scolding if dispenser lid is removed and the button is pressed when steam is in operation. Avoid!  
Never add ANY product into AMI's System not recommended by Insignia and not specially formulated for steam blending. Pure essence and standard carrier oils are **not** permitted and can be dangerous.

## AMI Procedure - Regular users

- Using either the remaining essence or a new bottle gently pour 5ml of the 10ml essence (50%) in to the dispenser for 1 x 10 minute steam session.
- Wait approximately 30 seconds for the essence to reach the injector.
- Press and hold the chrome button for 5 seconds allowing the contents to fully empty on to the steam generator
- Switch on steam generator.
- Position seat safety angled away from steam outlet/jets
- Enjoy a relaxing, therapeutic steam with AMI.
- Repeat procedure with remaining contents of bottle if you require a further steaming session after 10 minutes.

## AMI's Maintenance

We suggest this product is always used in-between essence change to avoid mixing oils and every 6 steam sessions to cleanse the cabin. It's also advised if you have a wooden insert or similar on the shower tray this is removed periodically to be cleaned under for both hygiene and removal of cleaning residue.

## Cleaning Process

(with steam generator in operation) fill 1 x pipette (supplied) or 5ml and gently squeeze in to the essence dispenser. Press and hold the activation button for 5 seconds to fully allow all the fluid to enter the steam system. Upon releasing the button close the cabin doors and leave for 10 minutes to heat through and cleanse the system and pipework.

**Advisory:** Never use the cabin whilst cleansing is in progress. Always ensure you have sufficient ventilation within the room the steam cabin is situated.

